

# Ophthalmoplegic “Migraine” as a Presenting Symptom of Dermoid Cyst of the Cavernous Sinus: A Case Report and Review of the Literature

**Keywords:** Dermoid cyst, Ophthalmoplegic migraine headache, Ptosis, Diplopia, Cavernous sinus, Cranial nerve palsy

## Abstract

Dermoid cysts are rarely seen at the cavernous sinus and may present with symptoms such as isolated cranial nerve palsies and headache. Ophthalmoplegic migraine has not been described as a presenting symptom. We present a case of a 27 year-old healthy man with a dermoid cyst abutting the lateral wall of the cavernous sinus causing ophthalmoplegic migraine. He had resolution of symptoms after excision of the lesion. It is important to consider less common causes of migraine-like symptoms and early diagnostic imaging to minimize the potential for delay of diagnosis that can lead to significant morbidity.

## Introduction

Dermoid cysts are common congenital benign tumors that arise from entrapped embryonic epithelial nests and consisted of keratinized squamous epithelium with dermal appendages and adnexal structures, and epidermoid cysts are similar but without dermal appendages [1,2]. While subcutaneous dermoid cysts are commonly seen in children, intracranial dermoid and epidermoid cysts are rare and account for 0.04-0.7% of intracranial tumors [3]. They may be suspected after specific or non-specific neurologic symptoms such as cranial nerve palsies, diplopia, and meningismus [2-12]. We herein report a rare case of a dermoid cyst of the cavernous sinus presenting with ophthalmoplegic migraine.

## Case Report

A 27-year-old healthy Caucasian man presented to the Emergency Department with a 2-week history of intermittent, non-radiating, throbbing and sharp pain behind the left eye. Pain was worsened with head movement. He also complained of nausea, vertical diplopia and photophobia with each episode. The headache had been recurring for the past several years but with less intensity and frequency. He was previously treated for ocular migraine with butalbital/acetaminophen/caffeine (Fioricet - Activis, Dublin, Ireland) which brought no relief. He had no recent illness or trauma, fever, weakness, paresthesias, speech or swallowing difficulties. His past medical history was significant for Bell's palsy 8 years prior which had resolved. The ophthalmic exam showed visual acuity of 20/20 in each eye. There was no relative afferent pupillary defect or color desaturation. External examination showed a ptotic left upper lid and left fourth nerve palsy. The remainder of the ophthalmic and



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neurologic examination was unremarkable. A Humphrey visual field showed left superior quadrantanopia defect (Figure 1). MRI with MRA and MRV showed a non-enhancing 1 cm cystic lesion near the left anterior clinoid process abutting the lateral wall of the cavernous sinus (Figure 2).

He underwent a frontotemporal craniotomy with excision of the lesion. The lesion was found to be well adherent to the cavernous sinus for which drainage of the cyst content and excision of the capsule were performed. The histopathological examination revealed a keratinized squamous epithelium lined cyst containing pilosebaceous units with acellular material centrally, consistent with a dermoid cyst. The patient had resolution of all symptoms except for diplopia with upgaze at 6 months follow up.

## Discussion

Epidermoid and dermoid cysts located in the cavernous sinus are rare. The age range of reported cases is 4-41 year old without gender predilection [1-12] (Table 1). Headache is a common presenting symptom in 50% of 12 reported cases, but there has not been a reported case of migraine-like symptoms exhibited by our patient [2,8,9,11-13]. While Rato et al. described symptoms of a tension headache in their report, other studies did not elaborate on the nature of the headaches of their patients [13]. Ophthalmoplegic migraine, also called cranial neuralgia, is defined by the International Headache Society as more than two attacks of migraine headache accompanied or followed within 4 days of its onset by paresis of one or more of the third, fourth, and/or sixth cranial nerves in the absence of any demonstrable intracranial lesion other than MRI changes within the affected nerve. Our patient exhibited symptoms of ophthalmoplegic migraine instead of ocular or retinal migraine as it is characterized by two or more attacks of monocular visual disturbance, including scintillations, scotoma or blindness, associated with migraine headache in the absence of other causes of transient monocular blindness [14]. It is likely that prior headache episodes may be due to micro-leakage of the undiagnosed dermoid cyst as there were intraoperative findings of significant inflammation and adherence of the dermoid cyst to the

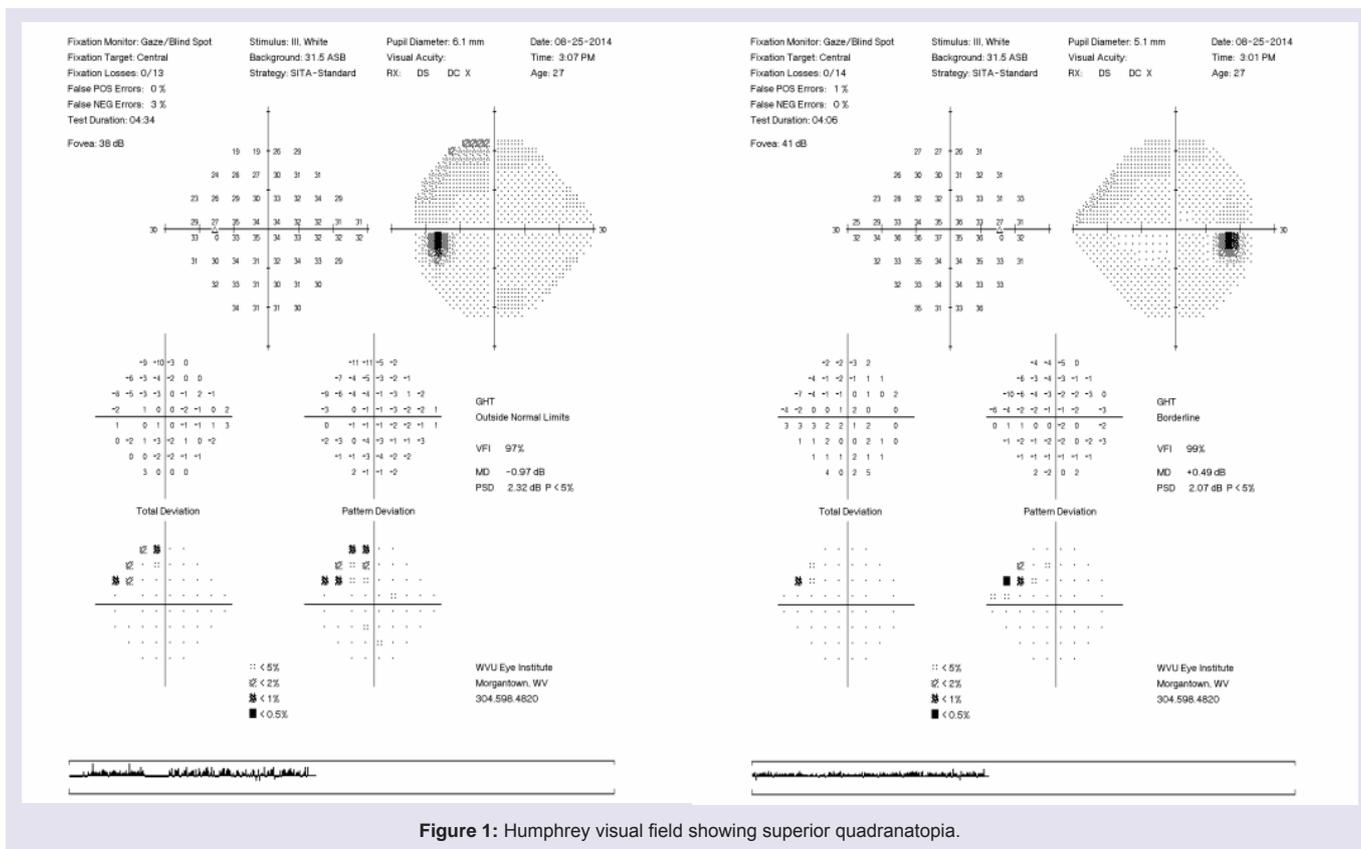


Figure 1: Humphrey visual field showing superior quadrantanopia.

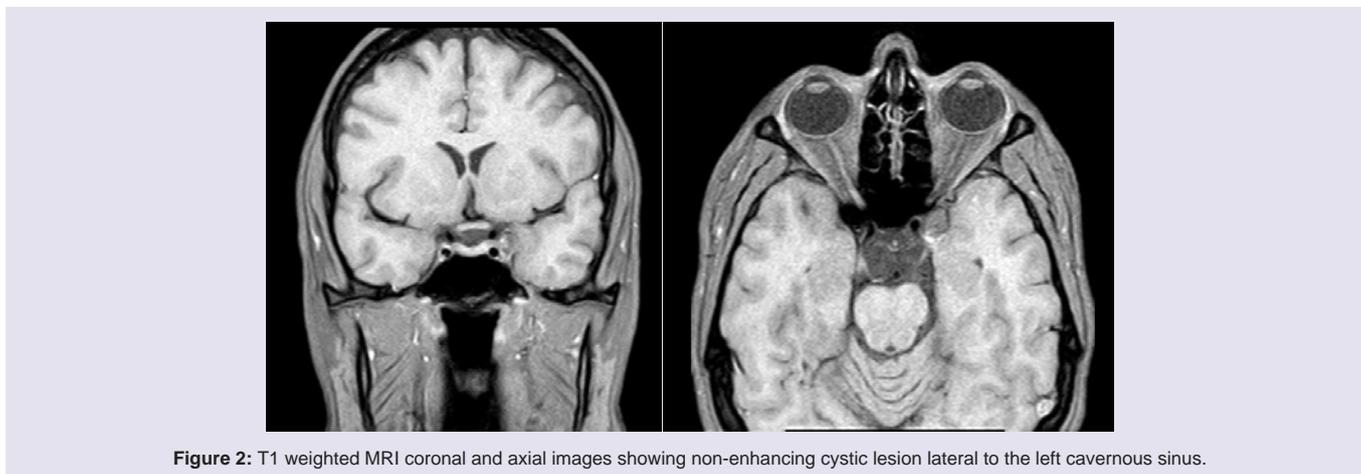


Figure 2: T1 weighted MRI coronal and axial images showing non-enhancing cystic lesion lateral to the left cavernous sinus.

cavernous sinus and adjacent tissue. Small lesions may affect adjacent cranial nerves such as CN III, CN IV as seen in our patient and also in three other reports [5-7], but larger lesions cause more serious symptoms and signs including meningismus, seizures, and isolated intracranial hypertension [9,15].

The differential diagnoses of cavernous sinus lesion include neoplastic, vascular, inflammatory, infectious and granulomatous cause. Thorough assessment of other systemic symptoms and signs narrows the differential diagnosis as inflammatory, infective, and granulomatous lesions such as tuberculous, fungal infection, Wegener granulomatosis, and sarcoidosis have involvement elsewhere. These

lesions typically may show linear or nodular enhancement of the meninges surrounding the cavernous sinus but often has nonspecific MRI imaging features. The differential diagnosis of cavernous cyst include trigeminal nerve schwannoma, arachnoid cyst, pyocoele, cystic meningioma, colloid cyst, and hydatid cyst [16-19]. MRI findings of dermoid cyst include interdural location (originate in the lateral cavernous sinus wall), smooth contours, rounded shape, and medial displacement of the internal carotid artery. They are generally T1 hyperintense and T2 hypointense but at times may show mixed signal intensity on T2-weighted MRI. Epidermoid cysts, however, can be found of extracavernous origin with extension into the cavernous

**Table 1:**

Number of report	Reference	Age	Location	Clinical features (ocular findings, visual field defects, visual acuity)	Operative approach	Result	Outcome
1	Lunardi [1]	NA, 3 cases	Point of attachment to cavernous sinus	NA	NA	Incomplete removal	NA
2	DeMonte [12]	27 y.o F	Intracavernous	Headache, fat embolism	Cranio-orbital zygomatic craniotomy	Total removal	Total recovery
3	North [6]	4 y.o. M	Lateral wall of cavernous sinus, between leaves of dura	Isolated oculomotor nerve palsy (left-sided ptosis, left eye deviated down and out) with pupillary sparing  Diplopia and exotropia	NA	Total removal	Total recovery
4	Nakagawa [11]	19 y.o. F	Right cavernous sinus, interdural, lateral wall attached	Headache, diplopia, disturbance of ocular movements, slight anisocoria	Fronto-temporal craniotomy	Total removal	Improvement of diplopia
5	Abdelouafi [15]	12 y.o. F	Left cavernous sinus and extension into parapharyngium areas	Progressive intracranial hypertension	NA	NA	Tumor recurrence
6	Chen [5]	10 y.o. M	Left cavernous sinus and interpeduncular cistern	Isolated left oculomotor palsy  Diplopia, left exotropia, vertical gaze limitation, ptosis	NA	NA	NA
7	Akdemir [2]	18 y.o. M	Left wall of cavernous sinus, interdural	Headache, diplopia, blurred vision, ptosis, ophthalmoplegia, exophthalmos	Fronto-orbito-zygomatic craniotomy	Total removal	Improvement in diplopia and ptosis; no change in ophthalmoplegia
8	Tun [8]	41 y.o. F	Lateral wall of cavernous sinus	Headache, blurred vision, diplopia, CN III palsy	Zygomatic osteotomy with frontotemporal approach	Gross total removal	Marked improvement in diplopia and ptosis
9	Dange [9]	27 y.o. M	Cavernous sinus, extending into posterior fossa	Headache, seizures, meningitis (fever, neck stiffness and pain, vomiting, unsteady gait), diplopia, CN V, VI and VII palsies	Sub-temporal approach	Near-total excision	Improvement in motor weakness of CN V and VII and relief from diplopia
10	Rato [13]	21 y.o. F	Left wall of cavernous sinus, interdural	Headache, blurred vision	Left frontotemporal craniotomy	Gross total removal	Total recovery
11	Perrini [7]	37 y.o. M	Lateral wall of cavernous sinus	Isolated abducens nerve palsy	Right fronto-temporal craniotomy	Total removal	Improvement of diplopia
12	Hide [10]	17 y.o. M	Left cavernous sinus, intracavernous, slightly extended left carotid siphon	Recurrent dermoid cyst (asymptomatic)  Initially presented with ptosis, diplopia, facial pain	Endonasal transsphenoidal surgery with indocyanine green fluorescence endoscopy	Total removal	NA

sinus, interdural or intracavernous. They appear hypointense/isointense on T1 and hyperintense on T2. On FLAIR and high resolution T-2 weighted images, heterogenous signal intensity is seen, and there is a lack of enhancement. There is restricted diffusion with higher signal intensity than CSF on diffusion-weighted imaging [20].

The treatment has been surgical excision when symptomatic. While total excision is recommended, the location and extent of these lesions poses challenges for the neurosurgeon in balancing minimization of morbidity and prevention of recurrence [1-12]. Most case reports describe improvement and resolution of presenting sign

and symptoms, no long term follow up for case of near-total excision is available [9]. While ophthalmic examination is important to establish baseline findings prior to treatment, follow up ophthalmic assessment and cranial nerve exams help in early detection of potential recurrence.

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