













Appendix 1: Baros Questionnaire and Coding

Bariatric Analysis and Reporting Outcome System BAROS

Weight Loss % of Excess Wt. or % of Excess BMI (POINTS)	Medical Conditions (POINTS)	Moorehead-Ardelt QUALITY OF LIFE QUESTIONNAIRE II
Weight Gain (-1)	Aggravated (-1)	<p style="text-align: center;">MOOREHEAD - ARDELTA QUALITY OF LIFE QUESTIONNAIRE SELF ESTEEM, AND ACTIVITY LEVELS</p> <p style="text-align: center;"><i>Please make a check in the box provided to show your answer.</i></p> <p>1. Usually I Feel...</p> <div style="display: flex; justify-content: space-between;"> <div style="text-align: center;">  <input type="checkbox"/> Very Badly About Myself </div> <div style="text-align: center;"> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> </div> <div style="text-align: center;">  <input type="checkbox"/> Very Good About Myself </div> </div> <p>2. I Enjoy Physical Activities...</p> <div style="display: flex; justify-content: space-between;"> <div style="text-align: center;">  <input type="checkbox"/> Not At All </div> <div style="text-align: center;"> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> </div> <div style="text-align: center;">  <input type="checkbox"/> Very Much </div> </div> <p>3. I Have Satisfactory Social Contacts...</p> <div style="display: flex; justify-content: space-between;"> <div style="text-align: center;">  <input type="checkbox"/> None </div> <div style="text-align: center;"> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> </div> <div style="text-align: center;">  <input type="checkbox"/> Very Many </div> </div> <p>4. I Am Able to Work...</p> <div style="display: flex; justify-content: space-between;"> <div style="text-align: center;">  <input type="checkbox"/> Not At All </div> <div style="text-align: center;"> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> </div> <div style="text-align: center;">  <input type="checkbox"/> Very Much </div> </div> <p>5. The Pleasure I get Out Of Sex Is...</p> <div style="display: flex; justify-content: space-between;"> <div style="text-align: center;">  <input type="checkbox"/> Not At All </div> <div style="text-align: center;"> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> </div> <div style="text-align: center;">  <input type="checkbox"/> Very Much </div> </div> <p>6. The Way I Approach Food Is...</p> <div style="display: flex; justify-content: space-between;"> <div style="text-align: center;">  <input type="checkbox"/> I Live to Eat </div> <div style="text-align: center;"> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> </div> <div style="text-align: center;">  <input type="checkbox"/> I Eat to Live </div> </div>
0 – 24 (0)	Unchanged (0)	
25 – 49 (1)	Improved (1)	
50 – 74 (2)	One major resolved Others improved (2)	
75 – 100 (3)	All major resolved Others improved (3)	
SUB TOTAL	SUB TOTAL	

COMPLICATIONS:
Minor: Deduct 0.2 point
Major: Deduct 1 point

REOPERATION:
Deduct 1 point

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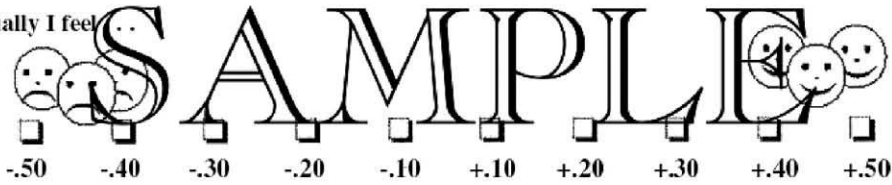
TOTAL
SCORE

OUTCOMES GROUP SCORING

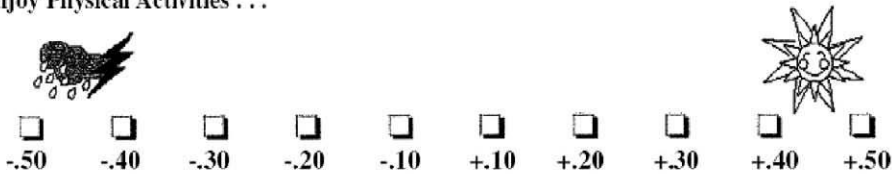
Failure ≤ 1
Fair > 1 to 3 points
Good > 3 to 5 points
Very Good > 5 to 7 points
Excellent > 7 to 9 points

MA II
Self Esteem and Activity Levels
SCORING KEY

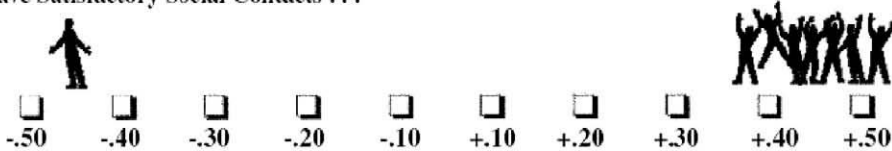
1. Usually I feel ..



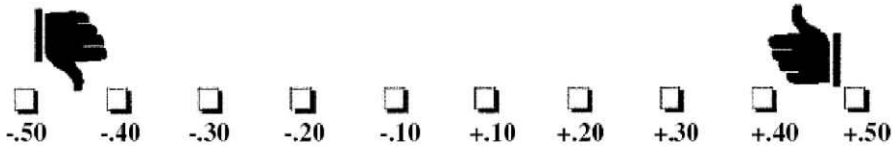
2. I Enjoy Physical Activities ...



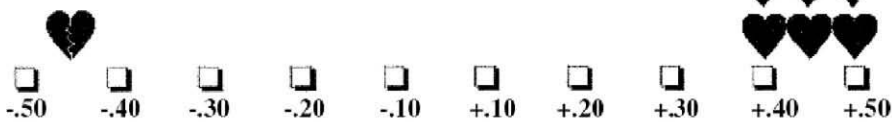
3. I Have Satisfactory Social Contacts ...



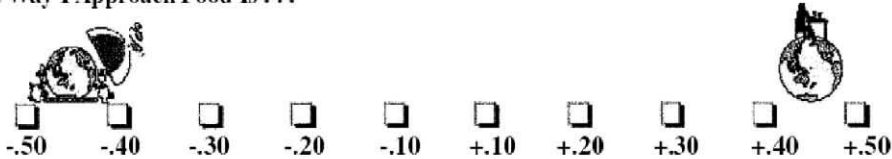
4. I Am Able to Work ...



5. The Pleasure I get Out of Sex Is ...



6. The Way I Approach Food Is ...



-3 to -2.1	-2 to -1.1	-1	0	1	1.1 to 2	2.1 to 3
Very Poor	Poor	Fair		Good	Very Good	

Quality of Life