

# Lyme Disease Propelled by *Borrelia burgdorferi*-Infected Blacklegged Ticks, Wild Birds and Public Awareness — Not Climate Change

**Keywords:** Lyme disease; *Borrelia burgdorferi*; blacklegged tick; *Ixodes scapularis*; climate change; overwinter temperatures; songbirds; bird migration

## Abstract

The blacklegged tick, *Ixodes scapularis*, is of major public health importance as a vector of *Borrelia burgdorferi*, the causal organism of Lyme disease. Migratory songbirds are involved in short- and long-distance transport of bird-feeding ticks, and play a vital role in the wide dispersal of *I. scapularis* and the epidemiology of Lyme disease. Because northern latitudes generally have a thick blanket of snow each winter, the blacklegged tick withstands phenomenal outdoor temperature fluctuations. However, when the snow cover is lost in the core months of winter, due to subtle periods of warmer temperatures, we discovered that overwinter survival declined significantly. Photoperiod is a limiting factor in the pole-ward expansion and establishment of *I. scapularis* because immature stages of *I. scapularis* will not molt in late summer when photoperiod shortens quickly. As more and more people become aware of ticks and their associated pathogens, people submit more ticks for identification and testing. As a result, public awareness becomes a driver in the recognition of Lyme disease, and the number of human cases reported. When it comes to *I. scapularis* ticks, climate change is a triviality. Health professionals must be aware that Lyme disease and tick-associated diseases are a significant public health burden, and include them in their differential diagnosis.

## Introduction

Lyme disease, caused by the spirochetal bacterium, *Borrelia burgdorferi*, is typically transmitted to humans by ixodid (hard-bodied) ticks (Acari: Ixodidae) [1]. Although several tick species harbor and transmit *B. burgdorferi* [2,3], the blacklegged tick, *Ixodes scapularis* (northern populations previously considered *I. dammini*), is the primary vector east of the Rocky Mountains [4]. Since ticks anesthetize the skin at the bite site, patients often do not recall being bitten. In fact, 14% of Lyme disease patients remember a tick bite [5]. Also, 42% or less had a bona fide erythema migrans rash and [6-8], of those with rashes, more than 50% had a homogeneous or atypical rash [6,9-12]. As the spirochete disseminates in the body, a multitude of clinical manifestations normally develop, including fatigue, flu-like symptoms, muscle ache and pain, joint ache and pain, headaches, sensory loss, memory loss, and cognitive impairment [13]. Because the blacklegged tick can carry and transmit at least 10 different tick-borne pathogens, Lyme disease patients may be co-infected with other zoonotic microorganisms.

The antiquity of *I. scapularis* in Canada is unknown. Nuttall and Warburton provide the first report of *I. scapularis* in Canada [14], and these females were collected from a human at Bracebridge, Ontario in 1904. Later, the developmental life stages of *I. scapularis*



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were studied at Long Point, Ontario in 1972-1973 [15]. In the upper U.S. Midwest, blacklegged tick adults were collected from white-tailed deer, *Odocoileus virginianus*, before 1970 (U.S. National Tick Collection). Since the home range of white-tailed deer extends into southern Manitoba and northwestern Ontario northward to the 52° latitude, these cervids would have been crossing back and forth across the Canada-U.S. border ad infinitum transporting *I. scapularis* ticks.

Every spring, migratory birds fly to Canada's northland to breed, nest, and raise their young in the boreal forest. En route, ground-foraging passerines (Passeriformes) make stop-overs in Lyme disease endemic areas, and are parasitized by ixodid ticks [16]. Using futuristic projection models, certain researchers posit that blacklegged ticks are incrementally moving north due to climate change [17]. However, other researchers have already documented Lyme disease vector ticks, including *I. scapularis*, as far west and as far north as northern Alberta and the Yukon, dating back to 1998 [18-20].

The aim of this study is to assess the various aspects that affect the incidence of Lyme disease in Canada, and determine the overriding factors that affect the adaptability and distribution of *I. scapularis* in Canada.

## Materials and Methods

In order to carry out our 5-yr overwinter study (winters of 2013-2017), we sourced the *I. scapularis* adults each fall by flagging a Lyme disease endemic area. The overwintering tick housing unit, which contained these live *I. scapularis* adults, was set out in a wooded area with well-drained soil and gently sloping topography (43° 42' N; 80° 22' W). The plywood and white pine housing unit contained a vented, plastic canister (63 mm × 135 mm) to hold the vented polyethylene vials each containing 2-5 blacklegged tick adults (Figure 1). The canister was covered with aluminum screen for mouse exclusion. The screened canister was then put in an open-ended housing unit (80 mm × 125 mm × 150 mm) for hoof protection. In the fall, the housing unit, which contained the screened canister, was placed on the soil surface, and covered with a layer of leaves to replicate the surrounding leaf layer. A couple of dead limbs were placed in juxtaposition to the housing unit to keep leaves from being blown away. In the following spring, the housing unit was collected, and the ticks were counted. Local outdoor temperatures were obtained from Environment Canada.



Figure 1: Housing unit for overwinter study of *I. scapularis* adults.

## Results

Our 5-yr study reveals that when there was consistent snow cover, ≥90% of the *I. scapularis* adults overwintered successfully (Table 1). However, when the winter temperatures were warmer, and the snow completely melted, overwinter survival dropped significantly. In the winter of 2016-2017, warm daytime temperatures were: Feb. 18 [15 °C], Feb. 19 [6 °C], Feb. 20 [5 °C], Feb. 21 [6 °C], Feb. 22 [13 °C], Feb. 23 [15 °C]; the snow cover disappeared completely in the woodlot. Then, without snow cover, there was a series of subzero night-time temperatures: Mar. 3 [-11 °C], Mar. 4 [-13 °C], Mar. 5 [-14 °C]. Because of these exquisitely cold temperatures, only 10/30 (33%) of the *I. scapularis* adults survived the winter.

This winter hardiness study shows that snow cover is vitally important for the overwinter survival of *I. scapularis* in Canada. If warm, mid-winter temperatures completely melt the snow, and overnight temperatures drop quickly to -3 °C or lower, this sudden chill factor can be lethal to *I. scapularis* ticks. In actuality, warm winters work against overwinter survival of blacklegged ticks because the number of live ticks is markedly reduced in northern climes when the snow completely melts (Table 1).

## Discussion

Our overwinter study reveals that warm winters decrease survival of *I. scapularis* ticks. With the exception of overwinter temperatures, all environmental factors (i.e. housing unit, leaf cover, site location) were the same each winter. In year 5 (2016-2017), the snow was totally lost in February due to warm temperatures and, then, *I. scapularis* adults were exposed to frigid, overnight temperatures. Although the ticks were in vented vials, ticks would naturally be trapped above ground by the sudden overnight freezing that capped the upper layer of the topsoil. In actuality, warmer winters work against tick expansion.

### Snow cover

Blacklegged ticks go into diapause during the winter in northern latitudes, and reside under an insulating blanket of snow, which plays a key role in the overwinter survival of *I. scapularis*. In our overwinter experiment, we observed that when warm weather melted the snow cover in February, overwinter survival dropped to 33%. Our findings are consistent with other researchers who found that overwinter

Table 1: Overwinter survival of *Ixodes scapularis* adults in southern Canada.

Winter	No. Ticks Set Out	No. Survived		Overwinter Survival (%)	Lowest Temp (°C)	Accumulated Snow Cover (cm)	Snow Depth
		Males	Females				
2012-2013	23 (11M, 12F)	10	11	21/23 (91)	-23 [24 January]	43	CSC
2013-2014	20 (10M, 10F)	9	10	19/20 (95)	-31 [12 February]	71	CSC
2014-2015	20 (10M, 10F)	9	9	18/20 (90)	-35 [16 February]	56	CSC
2015-2016	14 (5M, 9F)	5	8	13/14 (93)	-21 [18 February]	63	CSC
2016-2017	30 (15M, 15F)	2	8	10/30 (33)	-20 [7 January]	0†	NSC

F: Females; M: Males; CSC: Consistent Snow Cover; NSC: No Snow Cover because it melted prematurely

† Loss of snow covers resulting from a warm spell with ambient air temperatures reaching +15 °C [18 February, 23 February].

survival of *I. scapularis* females at Long Point, Ontario decreased due to lack of snow cover [21]. As well, Brunner et al. found that blacklegged ticks are sensitive to cold threshold temperatures [22]. In addition our results are consistent with Vandyk et al. who found that brief exposure to extreme cold temperatures (-13 °C) for 8 h can be lethal to blacklegged ticks, especially unfed adults and engorged larvae [23], which exhibit the least cold hardiness. Warmer winters, which prematurely melt the snow cover, decrease overwinter survival of *I. scapularis* in northern climes because sudden frigid temperatures caused death due to direct chilling injury [24]. When the snow completely melted, and sub-zero temperatures suddenly froze the upper humus layer, a sheet of ice capped the soil surface. Consequently, ticks became trapped above ground. Despite what some researchers claim, warmer winters ultimately leave ticks overexposed to frigid temperatures, and overwinter survival decreases significantly. Our overwinter experiment provides a straightforward way to show that warm temperatures and the absence of snow cover dramatically reduces the survival of *I. scapularis* in northern latitudes.

### Climate change and songbirds

The perceived effect of climate change on ticks and Lyme disease has become a controversial issue. DellaSala et al. claims that the spread of Lyme disease is due to an unprecedented accumulation of air pollution and climate change [25]. Moreover, Ogden et al. speculates that climate change will induce northward tick expansion of blacklegged ticks in Canada [17], and propagate Lyme disease numbers, but their hypotheses are unsubstantiated. In actuality, the overriding factor in the wide dispersal of *I. scapularis* and *B. burgdorferi* in Canada are migratory songbirds [16,18-20,26]. Not only are ground-foraging passerine migrants involved with the wide dispersal of immature stages of *I. scapularis*, raptors are also dispersing agents [27]. In central and eastern Canada, Scott and Durden found that 35% of the songbird-transported *I. scapularis* nymphs were infected with *B. burgdorferi*, and widely dispersed in nature [26]. Although global warming is claimed to be one of the contributing factors for enzootic *B. burgdorferi* transmission and tick expansion, migratory songbirds are actually the principal reason. What may be perceived as tick expansion brought on by climate change is actually yearly bidirectional, songbird migration in spring and fall. In addition, songbirds that are heavily infested with ticks can also start new foci of *I. scapularis* ticks on islands or remote mainland areas [28-30].

Ogden et al. indicates that model-derived, temperature limits for *I. scapularis* establishment [17], projected for the 2080s, overlap the core migratory flight path for Neotropical and southern-temperate songbirds heading to their breeding grounds in the Yukon [17]. This climate change model actually reflects current migratory flight, not warmer futuristic temperatures. In addition, other researchers have already documented Lyme disease vector ticks in the Yukon [16,20]. What appears to be sequentially warmer weather in the northern part of the Prairie Provinces, is actually the ongoing flight path of spring migratory songbirds heading to the northwest part of the boreal forest. As expected, these spring migrants drop *I. scapularis* immature at stopovers along this well established migratory flight path.

#### Photoperiod limitation for *I. scapularis*

Ticks have a assemblage of peripheral sensory organs, including photosensilla, that monitor the external environment, especially visible light [31]. When the light impinges on the photoreceptor neurons, ticks respond to variations in light intensity, and modify their behaviour accordingly. The blue light in the sunlight spectrum regulates the internal body clock that activates photosensitive receptor cells, and triggers whether a fully engorged larva or nymph will molt to the next life stage at the proper time or, in the case of a fully engorged female, will lay eggs in the spring.

The daily photoperiod is one of the inherent factors in the development of blacklegged ticks. In northern latitudes, photoperiod decreases quickly in mid-summer above 52° latitude, and physiological development of *I. scapularis* is hampered especially for molting and egg laying. Using time-lapse models, climate change researchers forecast *I. scapularis* establishment in northern parts of the Prairie Provinces [17]; however, the photoperiod shortens quickly in mid-summer, and is too short for *I. scapularis* establishment. Although they predict that *I. scapularis* will move 1000 km further north by the 2080s, the daylength is too short for *I. scapularis* immatures to molt to the next developmental life stage. These authors overlook the limitations of accelerated shorten photoperiod in August. Regardless of any potential climate change, the photoperiod is a critical, limiting factor for larval emergence and development. Songbird-transported *I. scapularis* immatures will molt successfully in late May when dropped, but *I. scapularis* larvae, which hatch from eggs, will encounter daylength barriers in August due to a rapid decrease in photoperiod in northern latitudes. Based on our in-house tick studies, we reveal that replete *I. scapularis* immatures require 14 hours of daylight to molt to the next developmental life stage. Notably, photoperiod is an innate factor that cannot be altered by climate change. The hypothesis that *I. scapularis* ticks will expand further north in the Prairie Provinces because of climate change is not only unscientific, but deceiving.

Photoperiod is critically important for the survival and establishment of *I. scapularis* ticks. For example, *I. scapularis* ticks are not established in the Neotropics where the temperature is consistently warmer. If, in fact, warmer temperatures were a contributing factor in *I. scapularis* tick expansion, they would become established in meso-America and the northern part of South America, but, in fact, they have not established in this warmer zoogeographic region [32,33]. Even though *I. scapularis* have the potential to move south where temperatures are warmer, they encounter reduced daylight. At the equator, where temperatures are the warmest, and the photoperiod is

closely balanced between day and night, there is no establishment of *I. scapularis*. Notably, *Amblyomma* ticks are the predominant genus in the Neotropics [33]. Regardless of potentially warmer temperatures in Canada in northern regions, *I. scapularis* are limited to how far north they can establish due to photoperiod. In northern latitudes of Canada, short daytime photoperiods becomes a limiting factor for *I. scapularis* establishment.

#### Blacklegged ticks are eco-adaptive

The historical mean daily temperatures for central Canada over the past 80 years have increased <0.5 °C (Environment Canada). And yet, at Kenora, Ontario, all post-embryonic developmental life stages of *I. scapularis* have withstood temperatures ranging between +36 °C and -44 °C, a differential of 80 °C [3,34]. On hot summer days, blacklegged ticks descend into the cool, moist leaf litter, and rehydrate. In winter, they are comfortable in the humus layer under an insulating blanket of snow. In addition, they have antifreeze-like compounds (glycoproteins) in their bodies that allow them to overwinter successfully [35]. Whenever ticks are under any climate stress, they commonly find a suitable microhabitat. If the female felt the stress of extinction from high ambient temperatures, she would lay more eggs, and there would be more ticks. However, she is in a cool, moist microhabitat where she has always been for millennia and, therefore, will not lay more eggs. Blacklegged ticks have an innate ability to survive phenomenal temperature fluctuations, especially when there is an insulating blanket of snow. Therefore, it is highly unlikely that climate warming is ever going to be a driver for *I. scapularis* expansion.

#### Blacklegged ticks are survivors

The history of ticks goes back millions of years. Oddly enough, certain researchers profess that changes in temperature, precipitation, and humidity have a huge impact on Lyme disease transmission [25]. Prehistorically, an extant *Borrelia* species has been detected in a fossilized *Amblyomma* tick collected from a Dominican Republic amber mine dating back 15-20 mya [36]. In North America, *Borrelia burgdorferi* sensu stricto dates back more than 20,000 years [37]. Of course, these *Borrelia* microorganisms had vectors and reservoirs to endure the environmental changes. Despite dramatic shifts in temperature, precipitation, and humidity, borrelial spirochetes have survived extreme weather variables over millions of years. They were present during prehistoric times, and they are still present today. Likewise, *Amblyomma* ticks, which harbor *Babesia* species, have survived 20-30 mya despite many shifts in climate change [38]. Despite an 0.5 °C increase in historical mean daily temperatures in central Canada over 80 years, *Borrelia* and *Babesia* species and their associated vectors have handily adapted to many shifts in climate change.

#### Climate change projections

Several medical and governmental organizations have touted climate change as the reason for an increase in Lyme disease. Similarly, certain climate researchers assert that environmental conditions will be more favourable for *I. scapularis* to move northward from the upper U.S. Midwest into Canada [25], but their claims are ambiguous and yet, other tick researchers have already reported songbird-transported *I. scapularis* immatures, dating back to 1998, in northern Alberta

[18,19]. In addition, Scott et al. reported an established population of *I. scapularis* on Corkscrew Island, near Kenora, Ontario [34], with an infection prevalence of 73% for *B. burgdorferi*. This high prevalence of Lyme disease spirochetes indicates that ticks have been there all along, and simply overlooked. It is noteworthy that the *B. burgdorferi* infection prevalence in an established population of *I. scapularis* gradually increases with time. For example, at Point Pelee National Park, the *B. burgdorferi* prevalence before 2000 was nil [39]; however, by 2012, it had increased in a seesaw, staccato manner to 27.4% [40]. Since the *B. burgdorferi* infection prevalence typically increases with time, the establishment of *I. scapularis* on Corkscrew Island pre-dates Long Point. Ecologically, the relative abundance of *I. scapularis* at a site will likewise increase incrementally over decades [41]. This temporal pattern acts as a reputed guide to date the establishment of *I. scapularis* populations.

Brownstein et al. used a climate-based suitability model to forecast the effect of climate change on *I. scapularis* expansion in Canada [42]. These authors assumed that established populations of blacklegged ticks were limited to a small number of foci in southern Ontario, but their assertions are unverifiable. They overlooked the fact that *I. scapularis* ticks were already established in northwestern Ontario and, likewise, in southern Manitoba. Ironically, blacklegged ticks were already in central Canada prior to 1970 [34]. Since the benchmark parameters are incorrect, forecasts of a 213% increase in *I. scapularis* foci further north in Canada by the 2080s [42], are misleading. Moreover, any studies on ticks and climate change have been inconclusive.

Simon et al. predicted northward expansion for *B. burgdorferi* of ~250–500 km by 2050 in Canada [43]. To counterpoise, other researchers show that passerine migrants perpetually transport bird-feeding ticks to the breeding grounds in the boreal forest [18,20]. For instance, Scott et al. previously reported a *B. burgdorferi*-positive *I. scapularis* nymph in central Saskatchewan during northward spring migration [16]. As well, other researchers have reported larval and nymphal *I. scapularis* ticks on long- and short-distance songbirds [28,44]. What some climate change researchers have been projecting for the future has already taken place across Canada prior to 1970. For blacklegged ticks, climate change is an apocryphal issue.

### Discovery of blacklegged tick populations

Some climate change authors arbitrarily perceive that *I. scapularis* ticks and tick-borne diseases expand northward due to climate change [17,25,42,45,46]. East Coast researchers examined many environmental factors, and found that there was only a weak correlation between total density of *I. scapularis* nymphs and several climate variables [47]. Initial *I. scapularis* studies in Canada were conducted on the north shore of Lake Erie, and Canadian researchers had no other direction to advance than to move further north. Using time-lapse mapping, climate change researchers produced a series of time-lapse maps showing the pre-supposed northward advancement of *I. scapularis* in Canada [46]. Although the benchmark map had no evidence of *I. scapularis* in northwestern Ontario, established populations were already in place, and simply overlooked by climate change researchers. Therefore, the initial phase of the simulation model, which was generated by researchers for *I. scapularis*, consequently skewed the rate of tick expansion and miscalculated

the projected northward movement of *I. scapularis* in Canada [46]. When the progression of climate change studies was examined, the pattern seemed to fit well with the climate change hypothesis. However, superimposing a climate change model overtop a map of when *I. scapularis* populations were studied is not only confusing but disingenuous.

### Northward expansion of ticks and white-footed mice

The northward expansion of Lyme disease spirochetes, ticks and white-footed mice in Canada due to climate change is highly speculative. Roy-Dufresne et al. contend that warmer winters will advance the northward movement of white-footed mice [48], *Peromyscus leucopus*, nearly 3° latitude by 2050, and maintain earnestly that the distribution of these cricetid rodents are a critical factor in identifying future areas at risk of Lyme disease. And yet, Scott et al. documented an established population of *I. scapularis* on Corkscrew Island in northwestern Ontario, and there are no white-footed mice [34]. Likewise, there are multiple established populations of *I. scapularis* in Manitoba, but there are no white-footed mice in this province [43]. The significance of any shift in the home range of white-footed mice is myopic because other small mammals, such as deer mice, *Peromyscus maniculatus*, are indigenous countrywide, and are reservoir hosts for *B. burgdorferi*. Moreover, Scott et al. documented *B. burgdorferi* in 8 species of ticks in the Kenora area [3]. Since other mammals and birds are reservoir-competent hosts, the projected northward expansion of white-footed mice is inconsequential.

Ogden et al. hypothesized that climate warming will have a profound effect on vectors and vector-borne diseases [46], and will make climatically unsuitable regions more conducive to *I. scapularis* establishment. In contrast, Scott et al. clearly show that the establishment of *I. scapularis* on Corkscrew Island has nothing to do with climate change [34]. This insular Lyme disease endemic area was established more than 50 years earlier. Even though this hyperendemic area is devoid of white-footed mice, *B. burgdorferi* perpetually cycles enzootically between reservoir hosts and *I. scapularis* ticks.

### Study time vs. *I. scapularis* establishment

Pioneer tick identifier, Thomas Say, studied and named *I. scapularis* in 1821; however, the origin of this tick species in North America likely goes back several millennia. Just because an *I. scapularis* population was studied in a certain year, does not mean that this timeframe is when it became established. In fact, the progression of studies on *I. scapularis* in eastern and central Canada used by several researchers [17,45,46], simply follows the order in which they were conducted, not the result of climate change. For instance, researchers initially studied an established population of *I. scapularis* in northeastern U.S.A. in the early 1980s [28,49]. However, recent genetic studies reveal that *I. scapularis* populations in that area go back 20,000 years [37]. Since Lyme, Connecticut and Long Point, Ontario are approximately on the same latitude, and both locations are within the same biogeographical area, the *I. scapularis* population at Long Point, Ontario could well have become established soon after the last ice age approximately 10,000 years ago.

Furthermore, the benchmark model, which was generated by climate change researchers, shows the establishment of *I. scapularis* at Pembroke, Ontario and Parry Sound, Ontario. In contrast, the

Lyme disease risk map shows no evidence of any risk areas at these geographical locations [50]. The time-lapse model sharply conflicts with the actual areas designated as Lyme disease foci. Such models contradict field data, and misrepresent the Lyme disease timeline of tick establishment in Canada.

Leighton et al. allege that *I. scapularis* has expanded its range northward during the past two decades [51], from the United States, to colonize new regions of Canada. However, they admit to not knowing the extent to which the actual tick range expansion transpired. Just south of the Canada-U.S. border, records of *I. scapularis* date back to the late 1960s in the upper Midwest (U.S. National Tick Collection). In addition, researchers discovered *I. scapularis* larvae and an *I. scapularis* nymph on small mammals (i.e. red-backed voles, deer mice) at Marchand, Manitoba in 1991, and these two immature stages constitute an established population [52,53]. Furthermore, adult *I. scapularis* were collected at the same location and, collectively, all 3 mobile life stages (adult, nymph, larva) represent a reproducing population. These discoveries were not taken into account on the climate change model maps [17,42,45, 46,51]. Likewise, four *I. scapularis* (2 females, 1 male, 1 nymph) were collected on 12 May and 9 June 1993 from untravelled mammalian hosts (dog, human) residing on the rural property bordering Lake of the Woods north of Rainy River, Ontario; one of the 3 adults was positive for *B. burgdorferi* [54]. All together, these tick collections constitute an established population of *I. scapularis* [53]. These epidemiological findings were overlooked on the climate change maps [17,42,45,46,51]. Furthermore, game hunters, who are now seniors, remember ticks on the heads and necks of white-tailed deer during the 1950s and 1960s in northwestern Ontario and southern Manitoba. What some climate change researchers charted as being absent of *I. scapularis* on their benchmark maps were, in fact, already there.

Researchers prognosticated that 80% of the human population in eastern and central Canada will be inhabiting areas at risk of Lyme disease by 2020 [51]. However, only 2.5% of Ontario currently has Lyme disease risk areas [50], so these climate change projections and associated climate change maps have subtle scientific shortfalls.

### Migratory songbirds transport ticks and introduce tick-borne pathogens

The blacklegged tick is known to carry at least 10 different tick-borne pathogens [34]. For example, Scott reported the first locally acquired case of human babesiosis caused by *Babesia duncani* in Canada [55]; the patient was bitten by an *I. scapularis* nymph. Based on an archaeological study in the Dominican Republic, Poinar detected a *Babesia*-like piroplasm in a fossilized *Amblyomma* tick encased in amber [38]. This prehistoric discovery indicates that these intraerythrocytic hemoparasites, along with their tick vectors, have survived 15-45 mya, irrespective of dramatic shifts in temperature and climate change.

Despite any climate change, *B. duncani* is likely being introduced into Canada by songbird-transported ticks passerine migrants during spring migration (Figure 2). Hersh et al. documented 3 tick-borne pathogens (i.e. *Borrelia burgdorferi* [56], *Babesia microti*, *Anaplasma phagocytophilum*) in a songbird-transported *I. scapularis* nymph

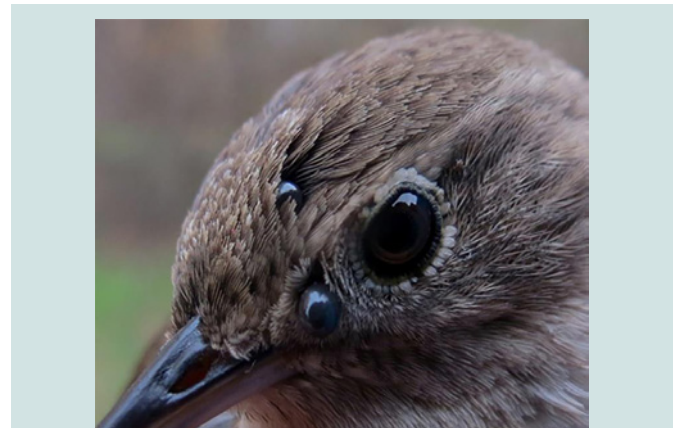


Figure 2: House Wren, *Troglodytes aedon*, parasitized by *Ixodes scapularis* nymphs during northward spring migration. One of these nymphs was infected with the Lyme disease bacterium, *Borrelia burgdorferi*.

removed from a Veery, *Catharus fuscescens*. Because migratory birds transport blacklegged tick larvae and nymphs hundreds of kilometres during northward migratory flight, they are important epidemiological drivers for the wide dispersal of *I. scapularis* ticks and tick-associated pathogens.

Neotropical songbirds transport ticks from as far south as Brazil into Canada during northward spring migration. Some of these ground-frequenting passerine migrants are parasitized by *Amblyomma* ticks (*A. americanum*, *A. dissimile*, *A. longirostre*, *A. maculatum*, *A. rotundatum*), and dispersed across Canada [16,57-59]. Although the larvae of these Neotropical *Amblyomma* ticks do not overwinter in Canada, they are transported into Canada. Not only do passerine migrants transport *Amblyomma* ticks hundreds of kilometres into Canada during spring migration, they commonly transport *Ixodes* spp. ticks (*I. auritulus*, *I. brunneus*, *I. dentatus*, *I. muris*, *I. pacificus*, *I. scapularis*, *I. spinipalpis*) [16,18-20,57]. The presence of *Amblyomma* spp. on Neotropical songbirds confirms importation of bird-feeding ticks. If, in fact, there was any substantive climate warming, *Amblyomma americanum* (lone star tick) would have become established in the southernmost part of Ontario, but they haven't. Even though songbird-transported *A. americanum* immatures molt to the next life stage and parasitize domestic animals and humans in August, they have not become established in Canada.

### Public awareness reflects tick numbers

Certain researchers predict an alarming spread of Lyme disease resulting in enormous consequences to humanity due to unprecedented climate change [25]. These authors also contend that conditions are improving for disease transmission; however, these spurious contentions are unsubstantiated. Transmission typically depends on several factors: whether the tick is infected and, hence, whether the tick has vector competence. Based on epidemiological *I. scapularis* studies, East Coast researchers conclude that any link between climate change, ticks, and tick-borne diseases is provisional and cast in doubt [60].

According to some researchers temperature and humidity in the early spring and autumn are important drivers of tick populations [25]; however, there is no evidence to support this postulate. Schulze et al.

found that temperature and precipitation during the questing period of *I. scapularis* larvae and nymph had no bearing on the abundance of nymphs [61]. During inclement weather, these ixodid immatures recess to a cooler, moist microhabitat in the humus layer and topsoil. Climate change researchers predict that *I. scapularis* populations will expand northward 200 km by the 2020s and 1,000 km by 2080 in Canada [17]. And yet, public awareness and human cases have actually played a far greater role in the number of ticks submitted for identification and testing [54]. As people become more aware of ticks and tick-borne diseases, they perceive there is an increase in numbers. Importantly, what actually propels public awareness is outdoors people finding ticks on their pets and themselves, and having them identified and tested for tick-transmitted pathogens. The escalation of more ticks being submitted each year is actually due to increased public awareness and human Lyme disease cases.

Spurious climate change forecasts can easily be misrepresented in time-lapse models. Ultimately, the climate change models actually reflect the order in which established populations of *I. scapularis* were studied in Canada. After the first studies at Long Point [15], Point Pelee National Park [39], Rondeau Provincial Park [62,63], and Turkey Point [64,65], the only direction for future study was to move further north in Canada. Based on these first Canadian studies, several authors presumed that the year 1970 would make a good benchmark to base projected climate change models [17,42,45,46,51]. However, they overlooked the fact that established populations already existed for decades, centuries, or perhaps millennia at northern latitudes. In nature, there are too many biotic and abiotic variables to draw any firm conclusions that would authenticate a link between tick expansion and climate change. When it comes to ticks, climate change is a insignificant.

In conclusion, blacklegged ticks have an innate ability to adapt to southern Canada's year-round weather and, with adequate snow cover in winter, adjust to phenomenal temperature fluctuations. Our findings reveal that warmer winters actually impede winter survival of blacklegged ticks. Photoperiod is critically important in determining whether blacklegged ticks can establish in northern Canada. Rather than climate change, public awareness and human cases is actually the putative gauge in representing the epidemiology of *I. scapularis* ticks and Lyme disease. Although climate warming has been considered a factor in the northward movement of *I. scapularis*, migratory songbirds are the overriding factor in transporting *I. scapularis* to northern latitudes. With respect to blacklegged ticks, climate change is a triviality. Regardless of any perceived climate warming, health practitioners must be cognizant that Lyme disease-carrying ticks may be present in their area, and present a public health risk.

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