The Juxtacanalaricular Region of Ocular Trabecular Meshwork: A Tissue with a Unique Extracellular Matrix and Specialized Function

Keywords: Extracellular matrix; Trabecular meshwork; Glaucoma; Outflow resistance; Intraocular pressure

Abstract

The trabecular meshwork (TM) is a filter-like tissue located in the anterior segment of the eye. It is composed of a series of fenestrated beams through which aqueous humor flows to exit the anterior chamber via Schlemm’s canal. The primary function of the TM is to regulate the flow of aqueous humor in order to establish intraocular pressure (IOP). Disregulated aqueous humor outflow causes elevated IOP, which is a primary risk factor for glaucoma. The region of the TM implicated in establishing IOP lies adjacent to Schlemm’s canal and is called the juxtacanalicular tissue (JCT) or cribriform region. Recent advanced light microscopy studies suggest that the JCT can be subdivided into inner and outer zones based on the localization of certain extracellular matrix (ECM) molecules. By comparing the ECM of the JCT to other connective tissues and disease processes, this review outlines the evidence for two new concepts in TM biology: (1) continuous maintenance ECM remodeling, which may be critical in order to preserve open aqueous humor flow channels by releasing trapped debris and associated ECM fragments from the outflow pathways; (2) the JCT ECM as a barrier to functionally isolate the aqueous outflow channels. The ECM surrounding the outflow channels in the JCT may function to sequester small active regulatory molecules and prevent them from aberrantly modulating outflow resistance. These adaptations point to a distinctive tissue that has evolved transient ECM remodeling processes in order to regulate aqueous humor outflow and maintain rigorous control of IOP.

The Juxtacanalaricular Trabecular Meshwork

The TM is a triangular-shaped tissue that is located in the scleral sulcus of the anterior chamber of the eye. The TM can be divided into separate regions based on anatomical location, which differ in both structure and function: the uveal and corneoscleral meshworks, the insert region, and the juxtacanalicular region (JCT) (Figure 1). The corneoscleral and uveal meshworks are comprised of fenestrated beams of lamellae, with large intertrabecular spaces between adjacent sheets [1]. These intertrabecular spaces decrease in size and the lamellae become slightly flatter as the corneoscleral meshwork transitions into the JCT region. The JCT is the deepest area of the tissue that lies adjacent to the inner wall (IW) endothelium of Schlemm’s canal [2]. This area of tissue is approximately 2-20 µm thick. Unlike the uveal and corneoscleral meshworks, the JCT is not arranged into lamellae structures, but rather it is composed of a loosely arranged extracellular matrix (ECM) in which a sparse number of JCT cells are embedded [2]. These cells are separated from the IW endothelium, although they can extend processes that communicate with both IW cells and TM cells resident in the corneoscleral meshwork [3,4]. The ECM is highly hydrated and provides a conduit for aqueous humor to traverse the JCT and exit the anterior chamber via Schlemm’s canal. Far from being an inert structural support, the ECM is highly dynamic and is composed of many bioactive molecules that influence outflow resistance. Moreover, changes in the extracellular environment are inexorably linked to alterations in the intracellular actin cytoskeleton, and vice versa. This is largely mediated through integrin-based signaling [5]. Although the JCT region differs both functionally and anatomically from the uveal and corneoscleral meshworks, the only known biomarker that is differentially expressed between JCT and corneoscleral TM cells is αB-crystallin, a stress protein [6,7].

Electron Microscopy Studies of the JCT ECM

Morphological studies of the JCT using electron microscopy have shown that all JCT cells have adjacent basement-membrane...
(BM)-like material [6]. This amorphous BM-like ECM fills the space between the cells and includes numerous proteoglycans, hyaluronan (HA), laminin, type IV collagen and fibronectin [2,8-10]. Collagen fibers, which impart tensile strength to the tissue, are irregularly oriented within the matrix. Since cells usually migrate along the length of collagen fibers and not traverse them, the orientation of collagen fibrils may explain why JCT cells are resident and not migratory. There is also a network of elastic fibers that runs tangential to the inner wall (IW) endothelium, which is known as the cribriform plexus [11-13]. These elastic fibers allow the expansion and recoil of the JCT in response to fluctuations in IOP without the need for energy input. Elastic fibers are composed of an inner core of cross-linked elastin, with an outer sheath of microfibrillar components [14].

In the JCT, immunogold labeling and electron microscopy showed that the principal core structural elements of the elastic fibers include elastin, decorin, and collagen type VI [8]. Other proteins associated with elastic fibers include myocilin, fibronectin, vitronectin, versican, tenascin C, decorin, GAG chains including HA, laminin, fibrillin-1, MAGP-1 and types III and VI collagens [8,15-17].

**Light Microscopy Studies of the JCT ECM**

While these immunoelectron microscopy studies have provided detailed information on the ultrastructure of the JCT, they are technically challenging, cumbersome and focus on a small area of the tissue. With the advent of confocal microscopy, larger areas of the TM could be examined with multiple antibodies allowing for a more rapid analysis of the distribution of ECM molecules and their colocalization. Radial or sagittal sections are the classical orientation of the TM, which show the fenestrated beams, the JCT and Schlemm’s canal in cross-section (Figure 1). Confocal microscopy studies of radial sections have detected versican, fibronectin, ADAMTS4 (a disintegrin and metalloproteinase with thrombospondin motifs-4), MMPs (matrix metalloproteinases) -2 and -14, hyaluronan, the matricellular proteins SPARC (Secreted protein acidic and rich in cysteine), thrombospondins-1 and -2, osteopontin, and, at very low levels, hevin in the JCT of the TM [18-28]. Recently, frontal sections have also been analyzed, where the tissue is cut tangential to the corneoscleral limbus and perpendicular to the ocular surface [29-31]. This orientation of section allows a different view of the TM and provides further information that is not apparent in radial sections. Moreover, frontal sections require only minimal fixation of the tissue and immuno-analysis can proceed without the need for harsh embedding and deparaffinization procedures. Thus, antibody epitopes are less likely to be destroyed. Recent immunofluorescence studies of frontal sections of the JCT region, both by our laboratory and by others, [17,26,27,32] have elucidated that certain ECM components were immunolocalized in pillar-like structures emanating from beneath the IW endothelium of Schlemm’s canal and extending into the JCT tissue. The pillar structures are approximately perpendicular to SC. Whereas the JCT region is up to 20 µm thick, these pillar structures only extend approximately 2-10 µm into the JCT and are located precisely in the region of the tissue where outflow resistance is thought to reside [33,34]. ECM components localized in these pillars include versican, tenascin C, hyaluronan (as detected with the HA-binding protein), fibronectin, fibrillin-1, MFAP-1/2 and elastin [17,26,27,32]. Based on the distributions of these ECM proteins, we suggest that the JCT may be subdivided into two zones: the inner JCT zone (2-10 µm), which abuts the IW of Schlemm’s canal, and the outer JCT zone (11-20 µm) that forms a transition between the trabecular lamellae and the inner JCT zone. The relative contributions and distributions of ECM molecules within the pillar-like structures, and in each of these zones, will confer unique mechanical and chemical properties that are essential for the function of the tissue.

**Fluid Channels**

Experiments utilizing tracer particles indicate that flow channels go through inter-trabecular spaces and between JCT cells [35]. Moreover, studies showed that cationic ferritin reduces outflow facility, but anionic ferritin does not, suggesting that negatively-charged side chains are important component of the outflow channels [36]. Previously, we showed that HA and the CS-substituted proteoglycan, versican, are present in pillar-like structures within the innermost 2-5 µm of the JCT [27]. Both HA and versican confer high negative charge. Therefore, their distribution in these pillars might indicate the actual flow channels through the JCT. In addition, our laboratory and others have shown that TNC and other elastic fiber components are also distributed in these pillar-like structures [17,32]. If our hypothesis is true, the proteinaceous components of these pillar-like structures may delineate the edges and provide structural support to the channel, much like the function of a pipe. GAG chains, either attached to or bound by versican and similar proteoglycans, may maintain hydration to facilitate fluid flow through the channel. Further studies to immunolocalize ECM components with fluorescent tracer molecules are required to provide support for this preliminary hypothesis.

**Alterations in the JCT with Aging and Glaucoma**

In primary open-angle glaucoma (POAG) eyes, there is a marked loss of TM cells compared to normal age-matched TM [37,38]. Since TM cells are responsible for detecting elevated IOP as a stretch/distortion, presumably through integrin activation of cellular signaling pathways, a reduced number of cells would limit the ability of the tissue to detect and respond to IOP elevation. ECM composition of the JCT also varies with ageing and with POAG. Type V1 collagen and elastic fiber sheath material called SD plaques accumulate in ageing and POAG JCT [12,39,40]. However, this extracellular plaque material doesn’t seem to be basement-membrane derived [41]. Glaucoma JCT has more fine elastic fibrils [42], which are similar to the thin, highly branched elastic fibers found in lung alveolae [14]. This might reflect the adaptive changes of the cribriform plexus and indicate that POAG JCT has been subject to more expansion and recoil events than normal TM. Loss of elasticity due to degradative changes is a major contributing factor in ageing in other connective tissues. In contrast to these accumulations of ECM molecules, the concentration of the GAG chain HA is decreased in the JCT with age, and there is an even greater loss in POAG JCT [43]. Concurrently, there is increased outflow resistance with age and glaucoma. Therefore, there appears to be a reciprocal relationship between outflow resistance and HA: as HA concentration is reduced, outflow resistance increases [44]. This points to HA as a critical component of the outflow pathway. Other morphological and molecular differences in the JCT in POAG eyes have been recently reviewed elsewhere [2,39].

The role of ECM cross-linking molecules in normal and POAG TM has also been studied [45,46]. A certain degree of cross-linking is beneficial to the tissue since cross-linking confers greater resistance of the ECM to physical degradation and protease digestion, which results in increased mechanical strength of the tissue. Conversely, too much cross-linking may be detrimental and hinder ECM remodeling, a process that is essential for the function of the TM. Certain enzymes are responsible for cross-linking ECM molecules.

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Lysyl oxidase (LOX) and the LOX-like enzymes 1-4 (LOXL1-4) covalently cross-link lysine residues present in collagens and elastin. All 5 LOX genes are expressed in TM cells [46]. In addition, tissue transglutaminase 2 (TGM2) catalyzes the post-transitional modification of ECM molecules including fibronectin. The levels and activity of TGM2 were increased in glaucoma TM cells [45]. Both of these studies suggest that increased cross-linking may impact the mechanical properties of glaucomatous TM tissue. Certainly, the TM of glaucomatous eyes is stiffer than that of normal age-matched eyes [47]. Thus, increased cross-linking may cause a stiffer ECM, which likely interferes with the ability of TM cells to detect and respond to pressure elevation.

**Regulation of Aqueous Humor Outflow Resistance**

The function of the TM is to build up resistance to aqueous humor outflow in order to establish IOP. It is generally agreed that the site of outflow resistance is in the JCT [33]. During daily living, the JCT region is continually exposed to fluctuations in IOP, some resulting in up to 100 mmHg, for instance if you rub your eyes, but JCT cells are able to discriminate between these transient fluctuations and more sustained periods of elevated pressure. The JCT responds to sustained pressure by launching a homeostatic response. During a homeostatic event, global changes to the ECM occur, which allow greater aqueous fluid flow through the JCT. TM cells in the JCT region sense IOP changes as a stretch/distortion and respond by activating and releasing MMPs to focally degrade the ECM to allow greater outflow [48]. Studies have shown that MMP2 and MMP14 levels are increased in response to a pressure elevation, and levels of the endogenous inhibitor, TIMP2, are concomitantly decreased in *in vitro* studies using an organ culture perfusion model system [49]. Moreover, MMPs -1, -3, -9 and ADAMTS4 are up-regulated, activated and released in response to pressure [24,50,51]. Increase and activation of these enzymes appear to target structural ECM proteins, e.g. MMPs -2 and -14 degrade collagen and ADAMTS4 degrades versican, to allow greater aqueous humor outflow. Degradation of these structural macromolecules may contribute to hypertension of the cribiform plexus and distension of the JCT to allow greater aqueous outflow. Thus, the abundant ECM is generally assumed to be the source of aqueous outflow resistance.

The exact molecular identity of the resistance has thus far remained elusive, but a few clues are starting to emerge. Studies performed in the 1950’s utilized enzymes to degrade glycosaminoglycans (GAGs), the sugar side-chains of proteoglycans [52-54]. These GAGase’s were perfused into the TM and outflow resistance was modified. More recent studies used chemical inhibitors and RNAi gene silencing to provide evidence to support this maintenance remodeling hypothesis is that, unlike other cell types, the expression levels of certain MMPs (MMPs -2, -14, -15 and -16) are high in TM cells even in resting conditions [48,57,58]. Two complementary remodeling processes might therefore be used in the TM depending on need: MMPs that are highly expressed in resting conditions may be associated with continual ECM turnover to help maintain open outflow pathways. Conversely, up-regulated expression and activation of these and certain other MMPs may reflect a mechanism by which the TM can initiate ECM remodeling of the outflow resistance when needed, for instance in response to a period of sustained pressure.

Expression of other ECM molecules in the TM also supports the notion of maintenance remodeling. Matricellular proteins are mediators of tissue repair and as such their expression is indicative of areas of the tissue that are being actively remodeled [59]. In this regard, tenasin C is particularly interesting. Tenasin C is a matricellular protein that is transiently expressed during tissue repair, but is not typically found in adult tissues [60]. We recently observed that tenasin C was present in the pillar-like structures in the deepest portion of the JCT in normal aged human TM [32]. The presence of TNC in these structures suggests that specific regions of the JCT are being continuously remodeled. SPARC, thrombospondins-1 and -2 (TSP1, TSP1) and osteopontin (OPN) are other matricellular proteins whose expression might be indicative of tissue repair processes. All are expressed in the TM including the JCT region [20,21,61]. However, there is differential expression of TSPs in the TM: TSP1 is more highly abundant in the JCT, while TSP2 is more prevalent in the uveal meshwork [62]. Another molecular hallmark of tissue undergoing active ECM remodeling, is the expression of alpha-smooth muscle actin (aSMA). aSMA is normally only expressed in myofibroblasts, a transiently differentiated fibroblast, during wound healing [63]. However, aSMA has also been detected in cells resident in TM tissue [64-66]. aSMA is up-regulated in response to TGFβ treatment, concentrations of which are elevated in the aqueous humor of glaucoma patients, and also by TM cells grown on rigid substrates [64,67]. Thus, aSMA may be a biomarker for TM cells in areas of the tissue that are undergoing active remodeling.
During normal resolution of the wound, the provisional characteristic feature of this fibroblast transdifferentiation process and mechanical tension of the wound bed, fibroblasts complete and prostaglandins. In response to external signaling molecules degrade ECM, and produce regulatory molecules such as interferons wound area to remove debris by phagocytosis, secrete proteases to proteins, which create a loose, highly hydrated environment to by increased deposition of proteoglycans, GAGs and matricellular attracts inflammatory cells and promotes the fibroblast conversion to provisional ECM is formed by proliferating fibroblasts, which have a profound biological influence on IOP homeostasis and disease.

Comparison of JCT ECM with Other ECMs

A recent focus in the glaucoma field has been drawing analogies between the increased ECM deposited in glaucoma JCT with the ECM formed during fibrosis. Fibrosis is a disease process that is characterized by excessive accumulation of collagen and other ECM components [71,72]. This leads to overgrowth, hardening, and scarring of connective tissues. Fibrosis usually occurs as a result of injury, but can also occur as a result of a cellular response to other biological processes including inflammation, ischemia or degenerative diseases [73,74]. Some authors consider fibrosis as an aberrant form of wound healing in which there is a progression rather than a resolution of scarring [72,75].

Wound healing is a stepwise process with dermal wound healing the archetype [71,72]. During the early phases after injury, a provisional ECM is formed by proliferating fibroblasts, which attracts inflammatory cells and promotes the fibroblast conversion to myofibroblasts. The ECM of this provisional matrix is characterized by increased deposition of proteoglycans, GAGs and matricellular proteins, which create a loose, highly hydrated environment to enable cellular invasion and repair [71]. Macrophages enter the wound area to remove debris by phagocytosis, secrete proteases to degrade ECM, and produce regulatory molecules such as interferons and prostaglandins. In response to external signaling molecules and mechanical tension of the wound bed, fibroblasts complete their conversion to myofibroblasts [56]. Expression of αSMA is a characteristic feature of this fibroblast transdifferentiation process [63,76]. During normal resolution of the wound, the provisional ECM is remodeled and tension is released, which results in apoptosis of myofibroblasts and wound resolution without scarring. This scarless healing is characteristic of fetal tissues and adult oral mucosa fibroblasts [71,77]. However, in most adult tissues, there is an abnormal accumulation of fibrillar collagens and other ECM proteins that leads to loss of compliance, elasticity and function of the tissue and scar formation [72,74].

The ECM of normal JCT undergoing maintenance remodeling may be equivalent to that formed during a scarless healing response. Certainly, many of the molecules expressed during formation of the provisional matrix in wound healing are also expressed by the TM including MMPs, tenasin C, αSMA, thrombospondins, and SPARC. Thus, these model systems for scarless healing may provide new clues and directions of research for the study of the homeostatic response to elevated IOP. Conversely, glaucomatous TM might be more equivalent to an adult response to wound healing, which usually results in scar tissue and can lead to fibrosis. The glaucomatous JCT shares some of the hallmarks of fibrosis, particularly the aberrant accumulation of ECM material known as SD plaques [2,39,78]. Increased TGFβ2 levels in the aqueous humor of POAG eyes could promote ECM accumulation [79-82].

Foreign Body Response

Another form of wound healing is the foreign body response (FBR) [83]. In contrast to the wound healing response, which is self-limiting and transient, the FBR is a chronic response that can exist for years. The end stage of a FBR is the formation of a fibrous ECM capsule, the function of which is to isolate the foreign body to prevent it interaction with surrounding tissues [83]. The ECM capsule is avascular, has low cellularity and is very dense, which hinders diffusion of molecules. In fact, diffusion rates of molecules through the capsule are half the rate in comparison to normal dermis [83].

Formation of a FBR has a similar step-wise process as wound healing where a period of inflammation is followed by deposition of an ECM capsule, which surrounds the foreign body. Careful analysis of single molecule knockout mice has shown that matricellular ECM proteins have specific functions during the foreign body response [83]. Some proteins (hevin and osteopontin) [84,85] are involved in the earlier inflammatory stages of the FBR, while others (SPARC, TSP-1, TSP-2) are functional during capsule formation [83,84,86]. These particular matricellular proteins are also expressed in the JCT of the TM and their function in IOP regulation is just beginning to be realized. Measurement of IOPs in these knockout mice has shown that genetic ablation of some matricellular genes exhibit lower IOPs (TSP-1, TSP-2, SPARC) [19,20], while for others there is no significant effect on IOP (hevin, osteopontin, tenasin C, tenasin X) [21,22,32]. What one will notice is that there seems to be an intriguing commonality between these groups of molecules and the two biological processes (Table 1): molecules that do not contribute to IOP regulation are ones that are expressed during the inflammatory phase of the FBR (hevin, OPN), while ablation of molecules that affect IOP are those that are involved in capsule formation during the FBR (SPARC, TSP-1, TSP-2). While the significance of these groupings is not yet known, it may provide further insight into the biological function of these matricellular proteins in the two biological processes.

Sequestering of Active Regulatory Molecules

Elevated levels of cytokines in the aqueous humor of POAG patients is well documented. For example, TGFβ1, TGFβ2, IL-6,
IL-8, α-serum amyloid A, IL-12, IFN-γ and CXL9 are all increased in POAG aqueous humor [79,82,87-89]. Moreover, plasma-derived protein has been detected in normal aqueous humor, which may diffuse across the blood-aqueous barrier (BAB) from the ciliary body vasculature, into the iris stroma and into the anterior chamber [90,91]. Thus, in both normal and POAG aqueous humor there appears to be a significant pool of small regulatory molecules, whose activity could ravage the outflow resistance if left unchecked. An alternative source of molecules could be from retro-diffusion across the IW cells from Schlemm’s canal. Although there are multiple check systems in place, in some instances immune cells and/or bacteria can either transiently visit, or become resident in, Schlemm’s canal [92-94]. It is conceivable that inflammatory cytokines released from such cells could aberrantly retro-diffuse across the inner wall and into the anterior chamber. Thus, there may be more than one source of molecules that could significantly impact outflow resistance if their activity were not regulated.

ECM is known to act as a reservoir of latent growth factors and sequester other small molecular molecules. For example, fibrillin bind bone morphogenetic proteins (BMPs), latent TGFβ binding proteins 1-4 (LTBPs) bind TGFs, heparin sulfate GAG chains bind to fibroblast growth factors (FGFs), SPARC binds TGFβ1, platelet-derived growth factor (PDGF) and vascular endothelial growth factor (VEGF), TSP-1 bind MMPs -2 and -9, TGFβ, FGF2, and TSP-2 binds MMPs -2 and -9 [95-99]. Activity of these potent growth factors and enzymes needs to be tightly regulated in the TM since they can dramatically alter outflow facility. We propose that one function of the ECM in the JCT is to sequester these active molecules in order to prevent diffusion and functionally isolate the outflow resistance from aberrant modification. Differential expression of ECM components in the JCT compared to the corneoscleral meshwork, and conceptually between inner and outer zones of the JCT, may reflect this sequestering function. Moreover, maintenance remodeling may aid removal of bound molecules in order to prevent saturation of the ECM. Only in times when the ECM becomes saturated would the regulatory molecules gain access to the outflow channels and be able to modify the resistance. This may partially explain why a homeostatic adjustment to elevated IOP takes days, rather than hours, to occur and why glaucoma takes years to develop.

Conclusions and Perspectives

In this review, we have provided an overview of the JCT region of the TM in order to provide further insight into the function of this dynamic tissue. New and improved advanced light microscopy techniques have allowed greater visualization and immunolocalization of the molecular components of the JCT. We suggest that the JCT is not uniform but is actually composed of two separate zones based on the expression of several ECM molecules. We also introduced the concept of “maintenance remodeling” as a continual ECM turnover process that may be critical for maintaining open flow channels through the TM. Finally, by drawing analogies to the ECM formed during other tissue repair processes, we suggest that one function of the JCT ECM may be to sequester small active regulatory molecules to functionally isolate the outflow channels from aberrant modification. Although these concepts are mostly hypothetical at this juncture, we hope that these ideas will stimulate discussion and identify potential new directions for research in the area of aqueous humor dynamics, outflow resistance and TM biology.

References


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