

Smoking Habit among Youngsters

Smoking is injurious to health and cost of the cigarettes does not affect it very much. But according to some authors, as the rates of cigarettes increase, older smoker quits the smoking [1]. We agreed to the views regarding increase in the price of cigarettes decrease the older smoker. But we also think that smoking nowadays become a status symbol among youngsters, even the increase in price and taxes on cigarettes do not let the smokers to quit smoking. The new generation also thinks that they will easily quit smoking, this mindset increase the smoking habit in them [2]. As the stress and depression level in young students increase, it simultaneously increases the smoking habit in them. Moreover, lifestyle changes adopting by young Indian population like following western culture, watching cinema, alcohol intake, junk food, failure in love, parents and sibling smoking habits etc. increase the stress level which leads to increase in smoking in them [3]. Indian government consistently increases the public awareness campaign against smoking. Our government increases the rates of cigarettes by imposing taxes on these products and also it is punishable offence to smoke in public in India, nevertheless, it does not affect the consumption of cigarettes in our country. In conclusion, the law should be stricter against smoking and also public awareness should be increase by various means like cinemas, media, and advertisements.



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